

Spelling: "ing" form and regular "ed" past tense/past participle

One-syllable verbs			
Verbs	"ing" form	regular "ed" form	points
Wait, help, rain	Waiting, helping, raining	Waited, helped, rained	Most verbs just add <i>ing, ed</i>
Stop, stir, swim (C + V + C)	Stopping, stirring, swimming	Stopped, stirred	Final single consonant after one vowel doubles
Write, care, hope, come	Writing, caring, hoping, coming	Cared, hoped	Final single <i>e</i> after consonant is dropped
Lie, die, tie	Lying, dying, tying		Final <i>ie</i> replaced with <i>y</i>
Note: <i>y, w, x</i> are never doubled, e.g. staying, stayed, blowing, boxing, boxed			

Examples:

put → putting get → getting shut → shutting dig → digging

drop → dropped, dropping plan → planned, planning beg → begged, begging

win → winning hit → hitting sit → sitting

cut → cutting rub → rubbed, rubbing step → stepped, stepping

Two-syllable verbs ending in <i>one</i> consonant after <i>one</i> vowel			
Verbs	"ing" form	regular "ed" form	points
Listen, answer, visit (C + V + C) (Stress on the first syllable)	Listening, answering, visiting	Listened, answered, visited	Stress on <i>first</i> syllable: just add <i>ing, ed</i>
Main exception: final <i>l</i> , e.g. travelling, travelled			
Begin, prefer, regret (C + V + C) (Stress on the second syllable)	Beginning, preferring, regretting	Preferred, regretted	Stress on <i>second</i> syllable: <i>double</i> final consonant
Note: <i>y, w, x</i> never doubled, e.g. obeying, allowed, relaxed			

Examples:

permit → permitted, permitting admit → admitted, admitting